My keratoconus history

Your diagnosis, scans, procedures and lenses over the years, on one record to take to a new fitter, a cornea specialist or a second opinion.

Copy readings exactly as they're printed on your reports; this form doesn't interpret them. It doesn't replace your records. Type in a PDF reader, or print and write in pen.

Diagnosis

Your name (optional)

When I was diagnosed

My age then

Diagnosed by (doctor or clinic)

Eyes diagnosed ◯ Both ◯ Right ◯ Left ◯ Not sure

Scans

One row per scan visit, copied from the printout. Kmax is in diopters (D); thinnest thickness is in microns (µm). Note the machine: different machines don't give the same numbers.

Date	Machine	Clinic	Right Kmax (D)	Right thinnest (µm)	Left Kmax (D)	Left thinnest (µm)	Notes

Allergies and care team

Allergies and reactions e.g. to medicines, eye drops, preservatives or latex

My current fitter: name | **Practice or hospital** | **Phone**

My cornea specialist: name | **Practice or hospital** | **Phone**

Procedures

For example: cross-linking (epi-off, epi-on, or type not known), ring segments such as Intacs, CAIRS, topography-guided PRK, an implantable lens (ICL), a corneal transplant (full thickness, PK, or partial thickness, DALK), cataract surgery.

Date	Eye (R / L / both)	Procedure	Surgeon or clinic	Notes

Glasses and lenses over time

Each pair or lens type you've worn, starting with the earliest you remember: glasses, soft, corneal RGP, hybrid, piggyback, scleral.

From (date)	Eye (R / L / both)	Type	Brand or design	Fitter or clinic	Notes

Notes

Anything else e.g. hydrops, scarring you were told about, other eye conditions, eye medicines

What Kmax and thickness mean, and why one scan can't show progression:
sclerallensguide.com/questions/understanding-your-keratoconus-scan/